Integrated Dual Diagnosis Treatment

Substance Abuse Treatment Scale

1. **Pre-engagement** - The person does not have contact with case manager and meets criteria for substance abuse or dependence.

2. **Engagement** - The person has only irregular contact with assigned case manager, and meets criteria for substance abuse or dependence.

3. **Early Persuasion** - The client has regular contact with case manager, continues to use the same amount of substances or has reduced substance use for less than 2 weeks, and meets criteria for substance abuse or dependence.

4. **Persuasion** - The client has regular contact with case manager, shows some evidence of reduction in use for the past 2-4 weeks (fewer substances, smaller quantities, or both), but still meets criteria for substance abuse or dependence.

5. **Early Active Treatment** - The client is engaged in treatment and has reduced substance use for more than the past month, but still meets criteria for substance abuse or dependence.

6. **Late Active Treatment** - The client is engaged in treatment and has not met criteria for substance abuse or dependence for the past 1-5 months.

7. **Relapse Prevention** - The client is engaged in treatment and has not met criteria for substance abuse or dependence for the past 6-12 months.

8. **Remission or Recovery** - The client has not met criteria for substance abuse or dependence for more than the past year.
IDDT Stage of Treatment Walk-Through

1. Has the person been assigned a case manager with whom they’ve met at least once?
   
   If NO, this person is in the Pre-Engagement stage.
   If YES, move on to next step.

2. Is the person meeting regularly with the case manager?
   
   Note: Some people are willing to meet or have a good relationship with the case manager but have difficulty meeting regularly for practical reasons or due to being disorganized (especially if they are highly symptomatic or having trouble with basic needs like housing and food). For these people, meetings may be “irregular” but not rare, and they are not avoiding the case manager. These people should not be considered “Engagement.” One possible example of a person who is in engagement is someone who only contacts the agency when they need practical assistance (e.g., food, rental assistance, a ride) but does not want to meet any other time.
   
   If NO, this person is in the Engagement stage.
   If YES, move on to next step.

3. Has the person cut down or eliminated the substance of abuse for more than two weeks?
   
   *Note: At this point, begin assessing one substance at a time. If the person is diagnosed with polysubstance dependence, assess for overall abuse (as this diagnosis indicates that a single substance can’t be singled out.)
   
   If NO, this person is in the Early Persuasion stage.
   If YES, move on to next step.

4. Has the person cut down or eliminated the substance of abuse for more than one month?
   
   If NO, this person is in the Persuasion stage.
   If YES, move on to next step.
5. Does the person still meet criteria for substance abuse/dependence (while still reducing/discontinuing substance use for between 1-5 months)?

   If **YES**, this person is in the Early Active Stage.
   If **NO**, move to the next step.

6. Has the person reduced/discontinued their substance use for less than 5 months?

   If **YES**, this person is in the Late Active Stage.
   If **NO**, move to the next step.

7. Has the person reduced/discontinued their substance use for less than 12 months (while **still not meeting criteria** for substance abuse/dependence)?

   If **YES**, this person is in the Relapse Prevention stage.
   If **NO**, move to the next step.

8. Has the person reduced/discontinued their substance use for more than a year?

   If **YES**, this person is in the Remission/Recovery stage.